A 4.5% spending rate (\$45,000 constant dollar spending for \$1 million) does not deplete a portfolio that rode along the second-most harmful return sequence in history – defined by the percent of decline by the ninth year.

This sequence starts with the third worst three-year return for stocks in the last 98 years. It hit the ~worst one-year return in the ninth year (2008).

A portfolio depleted to 38% of its initial value in nine years. The constant dollar withdrawal rate was more that 12% the next year, but high returns after 2008 meant a portfolio did not spiral to depletion.

Withdrawal Rate	Mix Stocks	85%	Investing cost
4.50%	Mix Bonds	15%	0.10%

		Before the start of the year			For the year		End of the year			
	Constant				· ·					
			Dollar	Amount	Real Returns Port		Portfolio	Portfolio	Investing	Ending
Yr		Portfolio	Withdrawn	after	Stocks	Bonds	Return	Value	Cost	Portfolio
2000	1	1,000,000	45,000	955,000	-12.08%	12.23%	-8.43%	874,459	915	873,545
2001	2	873,545	45,000	828,545	-13.23%	4.41%	-10.58%	740,846	785	740,061
2002	3	740,061	45,000	695,061	-23.91%	12.21%	-18.49%	566,529	631	565,898
2003	4	565,898	45,000	520,898	26.31%	0.13%	22.38%	637,493	579	636,913
2004	5	636,913	45,000	591,913	7.39%	2.64%	6.68%	631,435	612	630,823
2005	6	630,823	45,000	585,823	1.45%	0.59%	1.32%	593,565	590	592,976
2006	7	592,976	45,000	547,976	12.93%	-0.23%	10.96%	608,012	578	607,434
2007	8	607,434	45,000	562,434	1.36%	5.67%	2.01%	573,718	568	573,150
2008	9	573,150	45,000	528,150	-37.06%	18.41%	-28.74%	376,363	452	375,910
2009	10	375,910	45,000	330,910	23.11%	-10.47%	18.07%	390,715	361	390,355
2010	11	390,355	45,000	345,355	13.36%	6.78%	12.38%	388,099	367	387,732
2011	12	387,732	45,000	342,732	-0.84%	14.03%	1.39%	347,505	345	347,160
2012	13	347,160	45,000	302,160	13.91%	0.88%	11.95%	338,279	320	337,958
2013	14	337,958	45,000	292,958	30.19%	-7.26%	24.58%	364,959	329	364,630
2014	15	364,630	45,000	319,630	12.84%	12.38%	12.77%	360,442	340	360,102
2015	16	360,102	45,000	315,102	0.65%	-0.39%	0.49%	316,646	316	316,330
2016	17	316,330	45,000	271,330	9.68%	-0.72%	8.12%	293,373	282	293,091
2017	18	293,091	45,000	248,091	19.31%	2.80%	16.84%	289,861	269	289,592
2018	19	289,592	45,000	244,592	-6.17%	-2.09%	-5.56%	230,992	238	230,755
2019	20	230,755	45,000	185,755	28.55%	8.03%	25.47%	233,075	209	232,865