**Tom’s Pack List for England** (or similar)

**Wear on Plane**

• [Bluffworks pants](https://shop.bluffworks.com/products/ascender-chino-tailored-fit-voyager-grey) from ’22 are the best. Take black nylon belt.

• [Liner poly-socks](https://www.amazon.com/Wigwam-Coolmax-White-Extra-Large/dp/B000J4B6XM/ref%3Dasc_df_B000J4B6XM/?tag=hyprod-20&linkCode=df0&hvadid=312649992151&hvpos=&hvnetw=g&hvrand=1969767561762322359&hvpone=&hvptwo=&hvqmt=&hvdev=c&hvdvcmdl=&hvlocint=&hvlocphy=9005929&hvtargid=pla-520912549406&psc=1) + pair of [poly crew](https://thorlos.com/products/walking-maximum-cushion-crew-wx0000-3?variant=39280144351277)

• U Trou (poly). T shirt: stretch back poly similar to [this](https://www.amazon.com/Amazon-Essentials-Stretch-Short-Sleeve-T-Shirt/dp/B07CJ56MW3/ref%3Dsr_1_2?crid=2RWCULGC5Z4SR&keywords=amazon+essentials+stretch+tees+for+men&qid=1660251835&sprefix=amazon+essentials+stretch+tees+for+men%2Caps%2C46&sr=8-2). Handkerchief or a couple of number of Select-a-size kitchen towels.

• LS poly T shirt.

• Pack in day pack or wear Black poly 1/4 zip similar to [this.](https://www.amazon.com/TSLA-Pullover-Performance-Running-Athletic/dp/B07KJW1B32/ref%3Dsr_1_1_sspa?crid=3AB3JPTVCU4PF&keywords=tsla%2Bquarter%2Bzip%2Bmen&qid=1660253147&sprefix=%2Caps%2C63&sr=8-1-spons&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUEyTVhISDIyVzQzWTNUJmVuY3J5cHRlZElkPUEwMDcxNTk2MlBXVUNSN1RDNFJONSZlbmNyeXB0ZWRBZElkPUEwMTU2MDgzVEFHWUNRM1ZaU1RFJndpZGdldE5hbWU9c3BfYXRmJmFjdGlvbj1jbGlja1JlZGlyZWN0JmRvTm90TG9nQ2xpY2s9dHJ1ZQ&th=1&psc=1)

• Pack in day pack or wear Thin [Regatta fleece](https://www.amazon.com/Regatta-Thompson-Pullover-RMA021-LL_0876/dp/B003AOAETK/ref%3Dsr_1_2?gclid=CjwKCAjw0dKXBhBPEiwA2bmOba3kzsR_G2cZPLAo3gF_2FvnG47ZaMf2v65Tjr6EtpqKYJYGDrAJaxoC5pMQAvD_BwE&hvadid=583779772012&hvdev=c&hvlocphy=9005929&hvnetw=g&hvqmt=b&hvrand=9648251563189702603&hvtargid=kwd-33028111&hydadcr=1780_10954949&keywords=regatta%2Bfleece&qid=1660244753&sr=8-2&th=1&psc=1) unless it will be warm

• Low cut hike shoes (less weight in suitcase) or City Walk Shoes

• Wallet. [Small, thin one](https://smile.amazon.com/gp/product/B075XJMNGL/ref%3Dppx_yo_dt_b_search_asin_title?ie=UTF8&psc=1). Add D/L, Debit card for cash. CC cards (2). Cys of Passport, Health insur card.

• Travel carrier around my neck: 1 night’s meds

**Day Pack** (I have [Osprey Talon 11](https://www.amazon.com/s?k=osprey+talon+11&crid=1LTX38CVOC561&sprefix=osprey+ta%2Caps%2C75&ref=nb_sb_ss_ts-doa-p_4_9))

• First aid stuff. Small spray sunscreen.

• Whistle and compass attached

• Sunglasses. 2 sporks.

• Charge cord and block. Phone earbuds.

• Pack if not worn: 1/4 zip oor thin silk T-neck if not taking fleece

• Copies of all train tickets for day #1 (also on iPhone)

• Comfy Trainers to wear on plane and evenings? (mine are NB)

• Some Trail mix?

• Book or Kinde?

**Pack Clothes in Suitcase**

• U Trou, poly = 2

• Socks: 1) Liner socks - poly. 2) Hike Socks - Ultimax/Wigwam. 3) Quarter poly to wear at night. City walk socks?

• LS shirt for dinner: brown plaid one this year. Evening V-neck poly.

• Second black stretchy T shirt. (See “Wear.”)

• Hike shorts. Karrimor or Columbia (lighter weight)

• 2 SS polo shirts, poly or cotton poly (similar, inexpensive [here](https://www.32degrees.com/products/mens-cotton-pique-polo?variant=32378497368153&currency=USD&utm_medium=product_sync&utm_source=google&utm_content=sag_organic&utm_campaign=sag_organic&gclid=CjwKCAjw0dKXBhBPEiwA2bmObfXabGFY5EGUtVCd1XO1r269_afE5MR9BUe1UFvr2MId0j8QzIFBthoC5WEQAvD_BwE))

• Hats (2). 1) my old [Sunday Afternoons](https://sundayafternoons.com/). 2) Black poly similar to [here](https://www.amazon.com/dp/B000O78APG/?tag=gjbgoutdoorrunninghat-20).

• Blue Gortex rain jacket.

• If it will be chilly: fleece if not worn on plane. Neck band cotton-poly. Fleece cap. Thin fleece gloves.

• Depending on what I wear on plane: low-cut hike boots or NB Trainers.

**Not Clothes, in Suitcase**

• Collapsible Walking sticks (PC, TC)

• Small umbrella

• Itinerary details. Day and transport times.

**Small blue cube** (could carry in Osprey)

• Razor ([Electric-battery](https://www.amazon.com/Braun-M90-Mobile-Precision-Trimming/dp/B002TQ4AO0/ref%3Dsr_1_3?crid=L92I28NEN7SD&keywords=braun+battery+shaver&qid=1660306119&sprefix=braun+battery%2Caps%2C70&sr=8-3) + regular)

• Hygiene. Toothbrush, paste. Floss. Small scissors.

\*\*\* Pills (add) \*\*\* Have 5 days extra. Put one week in purple pill dispenser box.

• Eye shades

• Nightlights (2)

• Pencil. 3X5 cards.

• Tide one-wash pkgs (2).

• Some Select-a-size paper kitchen towels in sandwich bag.

• Coord with Osprey: charge cord and block; iPhone 10 ear buds

**Larger blue pack cube** (in suitcase)

• 3 outlet adapters (plug) [Europe or UK]. Long charger cord.

• Clothes soap: powder in ziplocks. ~3 oz lasts a week. Longer if use bathwash in shower.

• Extra eye glasses

• Some zip lock bags

• Coord with Osprey: Sunglasses; first aid; sunscreen.